# FUTURE SQUASH

AN URBAN SQUASH YOUTH ENRICHMENT PROGRAM IN ROCHESTER, NY

ABOUT WHAT IS URBAN SQUASH?

PROGRAM STRUCTURE

GET INVOLVED

## Program Structure

PARTNERS

FutureSquash will initially focus on a select group of ten to fifteen committed 6th grade students identified (through a tryout process) from a partner RCSD middle or high school. The group size will be ramped up to 75-100 over a 5 year period. The core program will consist of the following three equally weighted components:

#### Squash

FutureSquash students will spend at least 3 hours per week on court. They will benefit through private coaching from top coaches and players living in or traveling through Rochester. Additionally, they will travel to local and out of town junior tournaments.

#### Academics

Academic tutoring will be held in classrooms adjacent to the squash courts. Students will spend at least 3 hours in the classroom per week. Academic curriculum will be comprised primarily of homework help and standardized test preparation. Additional focus will be given to improving time and organizational skills.

### Activities and Community Service

Students will be able to participate in up to 2 activities per month. These activities will include community service projects, museums and cultural outings, sporting events, squash tournaments and matches, university campus tours and summer camps.

