C & SV Consultants Ltd

**Schools Squash/Mini Squash Programme Development Workshop**

**Overview**

**Background:**

The Schools Squash/Mini Squash Programme Development workshop has been devised to equip coaches with the necessary skills (and resources) to conduct cost effective and successful Schools Squash/mini squash introductory programmes in Primary and Secondary schools based on the information and activities contained in the two England Squash and Racketball (ESR) Schools “School Games” Primary and Secondary Resources.

The practical methodology behind this workshop will give coaches the skills to approach schools, conduct successful “in school” (as part of the curriculum) squash/mini squash programmes, and create cost effective and long-term productive school/club links. This will then naturally lead to after school sessions and the establishment of sustainable junior clubs at their respective clubs and centres. The methods illustrated are “tried and tested” over a number of years. The North Essex Squash Academy and North Essex Junior League based at the University of Essex Colchester are the direct end result(s) of 6 years regular (annual) work in the local and North Essex primary schools.

Schools work is ESSENTIAL to the long-term survival of squash, how else do we get to so many, so easily, for so little cost?

**Content:**

The workshop has four elements:

Before – how to approach the schools and the need for planning

During – the content of the School Squash/Mini Squash programme and HOW to do it

After – what happens afterwards – how do you make the follow up work?

Future – Mini squash leagues and competitions – where would you like you/your club to be?

**Cost - £25 for four hours - resources provided**